

What We Do In The Community

- Fundraising Support
- Meal Delivery
- Housekeeping Duties
 - Vacuuming
 - Dusting
 - Sweeping/Mopping
 - Windows/Mirrors
- Shopping for *Friendly Visitor Program*
- Volunteering at Humane Society
- Volunteer shopping for all Inspire Kids locations



Who We Partner With

- Action Towards Independence
- First Presbyterian Church (Goshen/Monroe)
- Food Bank of the Hudson Valley
- Grace Community Church (Washingtonville)
- Goshen Library
- Habitat for Humanity
- Hoshin Martial Arts
- Hudson River Health (The Alamo)
- Humane Society of Walden
- Middletown Salvation Army
- Office of the Aging (Meals on Wheels)
- Pat Tarsio Lanes (Newburgh)
- Saddlebrook Farms
- Walden Library
- and more!

For More Information

845-295-8806 Ext. 257

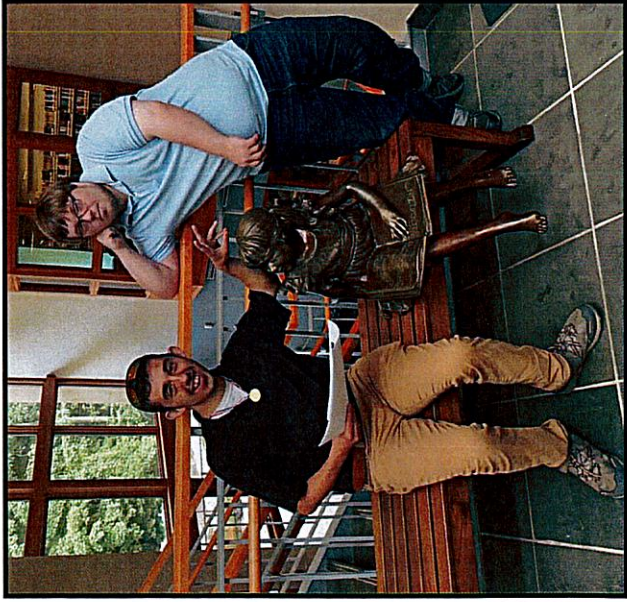
For more information on INSPIRE's broad range of programs and services for people with disabilities please visit our website at inspirecp.org.



Day Habilitation Without Walls



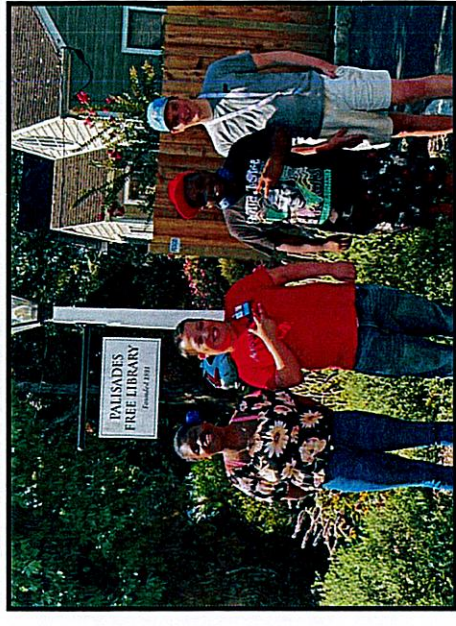
Serving Orange County from
Goshen, Monroe, & Newburgh
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What is a Without Walls Program?

Rather than offering activities at one site, the “without walls” concept takes the individuals with disabilities into the community to develop life skills.

- Builds self-esteem
- Builds a skill-base, preparing participants for jobs
- Develops participants into full members of society
- Encourages independence
- Fulfills dreams
- Provides purpose on a daily basis
- Provides an outlet
- Provides rewarding experiences
- Provides meaningful connections



Recreational Activities

- Animal Therapy
- Arts & Crafts
- Bowling
- Computer Activities
- Cooking
- Creative Art Classes
- Hiking
- Karate Classes
- Library Research
- Local History
- Movies
- Museum Trips
- Music
- Yoga Classes
- Zumba Classes

Why we are unique

- This program provides participants with person-centered activities
- Individuals participate in community-assisting activities and recreational activities
- There is a small staff to individual ratio
- This program increases socialization through peer interaction

Who we support

Without Walls Day Habilitation serves individuals with disabilities, age 18+, who are no longer enrolled in the school system and are OPWDD eligible.





Saturday Respite

Saturday Respite is a site-based program for individuals ages 4-12, held on Saturdays from 12:00 PM to 5:00 PM in the Multipurpose Room at Inspire Kids Preschool in Goshen.

The program offers a structured respite experience designed to promote personal growth and social interaction in a fun, supportive, and patient environment. At the same time, it provides much-needed respite for parents, guardians, and caregivers.

Participants will have the opportunity to engage in sensory activities, arts and crafts, seasonally themed activities, and much more!

**To inquire, please contact our Habilitation Manager at 845-294-8806 ext. 257
We look forward to hearing from you!**





Sunshine Kids

Sunshine Kids is a site-based respite summer program for children ages 4 (going into kindergarten) through 12. The program runs for three weeks, coordinated during the breaks between Inspire's and BOCES's summer school sessions, and is held at Inspire Kids Preschool in Goshen—typically the last week of June and two weeks in August.

Our program offers a structured respite experience where children can socialize, learn, and have fun, while also providing valuable respite for parents, guardians, and caregivers.

Each week features a different theme with a variety of engaging activities. Children can look forward to water play, outdoor recreation, sensory activities, special guests, and much more!

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