#### **What We Do**

## **In The Community**

- Meal Delivery
- Fundraising Support
- Shopping for the Friendly Visitor Program
- · Housekeeping Duties
  - Vacuuming
  - Dusting
  - Sweeping/ Mopping
  - Windows/ Mirrors
- Volunteering at animal shelters
- Volunteering with children at Inspire Kids



### **Who We Partner With**

- Animal Manor Sanctuary
- Colonial Lanes
- First Presbyterian Church in Goshen & Monroe
- Grace Community Church in Monroe,
  Newburgh, Warwick and Washingtonville
- Happy Buddha Yoga
- Hudson River Healthcare (Alamo)
- Holy Cross Church in Middletown
- Hoshin Martial Arts
- Meals on Wheels at St. Joseph's Church in Middletown
- Orange County Community College
- Office of the Aging (Meals on Wheels)
- Smooches and Smiles
- · Zylofone Studios, Inc. and more!

## **For More Information**

845-294-7300 ext. 257

For more information on Inspire's broad range of programs and services for people with disabilities please visit our website at www.inspirecp.org.





# Day Habilitation Without Walls



#### A leader in service to people

Serving Orange County from Goshen, Monroe & Newburgh

www.inspirecp.org • 845-294-7300





## **What is a Without Walls Program?**

Rather than offering activities at one site, the "without walls" concept takes the individuals with disabilities into the community to develop life skills.

- Provides purpose on a daily basis
- Fulfills dreams
- Provides an outlet
- Provides rewarding experiences
- Builds self-esteem
- Provides meaningful connections
- Encourages independence
- Builds a skill-base, getting participants ready for jobs
- Develops participants into full members of society

# Why we are unique

- This program provides participants with person-centered activities.
- Individuals participate in communityassisting activities and recreational activities.
- There is a small staff to individual ratio.
- This program increases socialization through peer interaction.

## Who we support

Without Walls Day Habilitation serves individuals with disabilities, age 18+, who are no longer enrolled in the school system and are OPWDD eligible.





## **Recreational Activities**

- Animal Therapy
- Arts & Crafts
- Bowling
- Computer Activities
- Cooking
- Creative Art Classes
- Hiking
- Library Research
- Local History
- Karate Classes
- Music
- Movies
- Museum Trips
- Yoga Classes
- Zumba Classes
- Zylofone Classes